WEEK 1

MONDAY WEEK 2 WEEK 3 Meat free veggie Bolognese, salad or peas, crusty bread. MONDAY Salmon fish fingers, peas and creamy mash potato. 3 way veg mac and cheese with bread. Choice of peas or salad. **MONDAY** Banana muffin with milk. Veggie hot dog with potato wedges or pasta, salad or peas. Barbeque pizza, potato wedges and salad. Lemon and lime sponge cake with milk Salmon fish fingers, potato wedges and sweet corn. **TUESDAY** Chocolate courgette cake with milk. Hairy bikers' sausage casserole with new potatoes or pasta. **TUESDAY** Butternut squash risotto, crusty bread and broccoli. Chilli con carne with basmati rice and broccoli. **TUESDAY** Fruity flapjack with custard Chicken fajita pasta. Creamy hearty vegetable soup, with crunchy bread. **WEDNESDAY** Chocolate cracknel. Cherry tomato and basil tart. Juicy roast gammon, golden roast potatoes carrots, sweetcorn **WEDNESDAY** Mixed berry pie with custard. Roast Quorn, golden roast potatoes carrots, sweetcorn. Tender roast chicken, golden potatoes, whole green beans and WEDNESDAY carrots. Chocolate and pear sponge with custard. Succulent roast beef, golden roast potatoes carrots and Veg Toad in the Hole, golden potatoes, whole green beans and cauliflower. **THURSDAY** Roast Quorn, golden roast potatoes carrot and cauliflower. Mixed fruity crumble with custard. Chinese chicken curry with basmati rice. Sweet cherry square with custard. Sweet potato and cauliflower gobi and rice. **THURSDAY THURSDAY** Meatballs and spaghetti with bread, salad or sweetcorn. Mystery fruity cheese cake. Pork and apple burger, wedges or pasta, green beans or salad. Salmon and broccoli pasta bake. Homity pie with wedges or pasta, green beans or salad. **FRIDAY** Jelly and shortbread. Angel delight. FRIDAY Harry Ramsden battered fish with chips or pasta, peas or beans. **FRIDAY** Harry Ramsden battered fish with chips or pasta, peas or beans. Crunchy mozzarella cheese sticks. Harry Ramsden battered fish with chips or pasta, peas or beans. Oaty biscuits. Homemade veggie falafel, served in a soft sub roll. Battered Quorn dippers. Date cookie. Custard biscuit. Sept 13th, Oct 4th, Nov 1st & 22nd, Dec 13th, Jan 17th, Feb 7th Sept 6th & 27th Oct 18th, Nov 15th, Dec 6th, Jan 10th & 31st Sept 20th, Oct 11th, Nov 8th & 29th, Jan 3rd & 24th, Feb 14th

Alternative choice of puddings are yoghurt, cheese & biscuits or fruit pieces

Freshly Baked Jacket Potatoes.



In addition to the meals listed, there will be freshly baked jackets, with a choice of filling: Cheese, Tuna and Sweetcorn, Baked Beans or Coleslaw. Or mix it up and choose 2 fillings.

OR

Packed Lunches

MONDAY: CHEESE

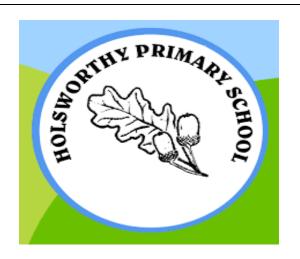
TUESDAY: TURKEY

WEDNESDAY: TUNA AND SWEETCORN

THURSDAY: HAM

FRIDAY: EGG MAYO

Holsworthy C of E Primary School



MENUS