

WEEK 1

MONDAY

Meat free veggie Bolognese, salad or peas, crusty bread.

Salmon fish fingers, peas and creamy mash potato.

Banana muffin with milk.

TUESDAY

Hairy bikers' sausage casserole with new potatoes or pasta.

Butternut squash risotto, crusty bread and broccoli.

Fruity flapjack with custard

WEDNESDAY

Juicy roast gammon, golden roast potatoes carrots, sweetcorn

Roast Quorn, golden roast potatoes carrots, sweetcorn.

Chocolate and pear sponge with custard.

THURSDAY

Chinese chicken curry with basmati rice.

Sweet potato and cauliflower gobi and rice.

Mystery fruity cheese cake.

FRIDAY

Harry Ramsden battered fish with chips or pasta, peas or beans.

Crunchy mozzarella cheese sticks.

Oaty biscuits.

Sept 6th & 27th Oct 18th, Nov 15th, Dec 6th, Jan 10th & 31st

WEEK 2

MONDAY

3 way veg mac and cheese with bread. Choice of peas or salad.

Veggie hot dog with potato wedges or pasta, salad or peas.

Lemon and lime sponge cake with milk

TUESDAY

Chilli con carne with basmati rice and broccoli.

Creamy hearty vegetable soup, with crunchy bread.

Chocolate cracknel.

WEDNESDAY

Tender roast chicken, golden potatoes, whole green beans and carrots.

Veg Toad in the Hole, golden potatoes, whole green beans and carrots.

Mixed fruity crumble with custard.

THURSDAY

Meatballs and spaghetti with bread, salad or sweetcorn.

Salmon and broccoli pasta bake.

Jelly and shortbread.

FRIDAY

Harry Ramsden battered fish with chips or pasta, peas or beans.

Homemade veggie falafel, served in a soft sub roll.

Date cookie.

Sept 13th, Oct 4th, Nov 1st & 22nd, Dec 13th, Jan 17th, Feb 7th

WEEK 3

MONDAY

Barbeque pizza, potato wedges and salad.

Salmon fish fingers, potato wedges and sweet corn.

Chocolate courgette cake with milk.

TUESDAY

Chicken fajita pasta.

Cherry tomato and basil tart.

Mixed berry pie with custard.

WEDNESDAY

Succulent roast beef, golden roast potatoes carrots and cauliflower.

Roast Quorn, golden roast potatoes carrot and cauliflower.

Sweet cherry square with custard.

THURSDAY

Pork and apple burger, wedges or pasta, green beans or salad.

Homity pie with wedges or pasta, green beans or salad.

Angel delight.

FRIDAY

Harry Ramsden battered fish with chips or pasta, peas or beans.

Battered Quorn dippers.

Custard biscuit.

Sept 20th, Oct 11th, Nov 8th & 29th, Jan 3rd & 24th, Feb 14th

Alternative choice of puddings are yoghurt, cheese & biscuits or fruit pieces

Freshly Baked Jacket Potatoes.



In addition to the meals listed, there will be freshly baked jackets, with a choice of filling: Cheese, Tuna and Sweetcorn, Baked Beans or Coleslaw. Or mix it up and choose 2 fillings.

OR

Packed Lunches

MONDAY: CHEESE

TUESDAY: TURKEY

WEDNESDAY: TUNA AND SWEETCORN

THURSDAY: HAM

FRIDAY: EGG MAYO

Holsworthy C of E Primary School



MENUS