

PSHE and RSE enables our children to become happy, healthy, independent and responsible members of society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. At Holsworthy we provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. PSHE is an important part of school assemblies and collective worship where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured allowing all to flourish.

At Holsworthy we believe that PSHE and RSE plays a vital part of primary education and needs to be taught at least weekly; although there will also be opportunity to make cross curricular links and these opportunities will not be missed. There are always occasions where staff may feel it necessary to teach PSHE as a result of an issue which has arisen in their own class, alongside keeping our children up to date with current worldwide affairs ensuring knowledge is at the heart of all our learning.

The delivered curriculum (jigsaw) reflects the needs of our pupils and is tailored to meet specific needs to allow a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions. At Holsworthy we deliver the PSHE curriculum by utilising first-hand experience and sharing good practice.

The curriculum is split into six core themes which will be covered termly, these are:

- Being me in my world
- Celebrating difference
- Dreams and goals
- Healthy me
- Relationships
- Changing me



The children will meet these themes throughout the course of the year and the themes are built upon as the children move through school, ensuring age appropriate learning in line with the national curriculum and beyond.