



## Holsworthy C of E Primary School

**Our vision:** *'Working together, growing together, all to flourish'*

**Our values:** Love, kindness, respect, responsibility and forgiveness

# TIME TO FLOURISH



Think about the last week. Where have your actions helped you to flourish?  
Some of you may wish to thank God for these moments.

Now think about the last week again and consider actions and situations which have not helped you to flourish.  
Some of you may wish to talk to God about these things.

Flourishing	Not Flourishing
<p>Happy</p> <p>Hope</p> <p>Self-belief / confidence</p> <p>Optimism</p> <p>Inner purpose /peace</p> <p>Sense of belonging / belief that I have a place</p> <p>Sense of 'I have a unique contribution to make'</p> <p>A person enabled to live to their potential</p> <p>Ability to overcome and deal with challenge/trials</p>	<p>Sad</p> <p>Despair / feeling of helplessness</p> <p>Fear</p> <p>Lack of hope for the future</p> <p>Lack of belonging</p> <p>Lack of confidence</p> <p>Feeling of insignificance</p> <p>Lack of resilience</p> <p>Feeling of invisibility</p>