

WEEK 1**MONDAY**

Hot Dog served with wedges or pasta, broccoli or salad bar
 Jacket Potato - veg chilli, baked beans, curried beans, cheese
 coleslaw or tuna.
 Fruit Pancakes and Sauce

TUESDAY

Meatballs in a BBQ & Tomato sauce Pasta Bake
 Tomato Pizza
 Lemon & Courgette Cake

WEDNESDAY

Juicy Roast Gammon, golden roast potatoes, carrots, sweetcorn.
 Cauliflower, Leek & Butter Bean Gratin
 Monkey Puzzle Biscuit & Milk

THURSDAY

Homemade Sausage Rolls, mash or pasta, baked beans
 Mac & Cheese served with beans or sweetcorn, bread or salad bar.
 Chocolate & Pear Upside Down Cake with Chocolate Sauce

FRIDAY

Battered fish with chips or pasta, peas or beans.
 Vegi Wrap with chips or pasta, peas or beans
 Custard biscuits.

Sept 5th & 26th, Oct 17th, Nov 14th, Dec 5th

WEEK 2**MONDAY**

Cheese Panini with sweetcorn, pasta, salad bar
 Jacket Potato - veg chilli, baked beans, curried beans, cheese
 coleslaw or tuna.
 Apple Crumble & Custard

TUESDAY

Beef Cottage Pie, served with peas
 Salmon Fish Fingers, sweet potato wedges, pasta & peas
 Oven Baked Muffin Doughnuts

WEDNESDAY

Chicken Sausages with Yorkshire pudding, roast potatoes, carrots,
 green beans
 Vegi Sausages with Yorkshire pudding, roast potatoes, carrots,
 green beans
 Fruit Trifle

THURSDAY

Spaghetti Carbonara served with salad bar & bread
 Aubergine & Chickpea Curry served with rice
 Raisin Oat Cookie & Milk

FRIDAY

Battered fish with chips or pasta, peas or beans.
 Veggie Burger with chips or pasta, peas or beans
 Sprinkle Sponge Cake

Sept 12th, Oct 3rd & 31st, Nov 21st, Dec 12th

WEEK 3**MONDAY**

Baked Quiche with baked beans & hash browns.
 Jacket Potato - veg chilli, baked beans, curried beans, cheese
 coleslaw or tuna
 Chocolate Cracknel.

TUESDAY

Chicken Goujons with Garlic Mayo, salad bar & green beans
 Veggie Quorn Dippers with garlic mayo, salad bar & green beans
 Banana Toffee Tart

WEDNESDAY

Succulent Roast Pork, golden roast potatoes, carrots and
 cauliflower.
 Roast Quorn, golden roast potatoes, carrots and cauliflower.
 Apricot Oat Slice with Milk

THURSDAY

Beef Burger, wedges or pasta, broccoli or salad.
 Spinach & Soft Cheese Filled Pancakes
 Shortbread & Strawberry Custard

FRIDAY

Battered fish with chips or pasta, peas or beans.
 Vegi Turnover with chips or pasta, peas or beans
 Fruit Muffins

Sept 19th, Oct 10th, Nov 7th & 28th

Alternative choice of puddings are yoghurt, cheese & biscuits or fruit pieces

Freshly Baked Jacket Potatoes.

In addition to the meals listed, there will be freshly baked jackets, with a choice of filling: Cheese, Tuna and Sweetcorn, Baked Beans or Coleslaw. Or mix it up and choose 2 fillings.

OR

Packed Lunches

MONDAY: EGG

TUESDAY: TURKEY

WEDNESDAY: TUNA

THURSDAY: HAM

FRIDAY: CHEESE

Holsworthy C of E Primary School



MENUS

September 2022

